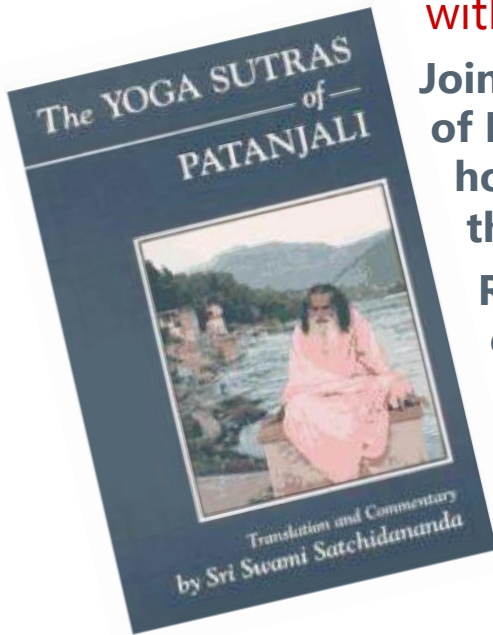


Raja Yoga Teacher Training 2018

Tuscany - Italy



with **SWAMI RAMANANDA**

Join us for an in-depth study of the Yoga Sutras of Patanjali by receiving thorough training in how to present these profound teachings, the entire philosophy and psychology of Yoga.

Raja Yoga Teacher Training provides a unique opportunity to study and apply these great teachings to your life. You will also be trained in public speaking and teaching skills, empowering you to skillfully share these concepts with others.

The curriculum includes:

In-depth exploration of the *Yoga Sutras*

Instructions for how to incorporate these teachings into daily life

Opportunities to deepen and refine your own practice of Hatha Yoga, *pranayama*, and meditation.

Training in answering questions, leading discussions, and developing group rapport

A syllabus for teaching a six-week Raja Yoga course.

Prerequisites:

A 200-hour Yoga Teacher Training certification from any Tradition, including introductory Raja Yoga course and an ongoing daily meditation practice for at least six months.

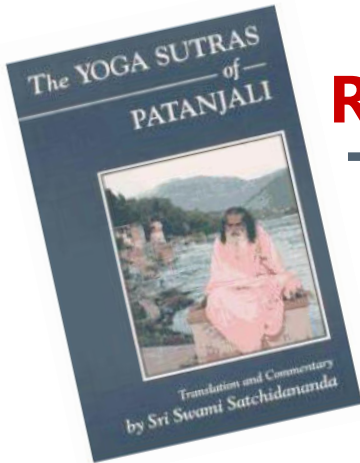
Dates:

First Part: August 31st – September 9th, 2018

Second Part: Dates and location to be confirmed in 2019 (most probably 10 days end of April, Southern France, linked with the IY European Reunion).

Information:

for any further information and the application form please contact Paola Parvati Faini
Cell 3289206721(whatsapp available) or email: integralyogaeurope@gmail.com



Raja Yoga

Teacher Training 2018

Tuscany - Italy

with SWAMI RAMANANDA

Tuition and Location:

First part of the training to be held in Italy – Pacina (near Siena).

<http://www.pacina.it/pacinina.html>

Tuition:

€ 1,330.00- deposit within May 31st, 2018 € 500,00- balance within June 30th, 2018.

Early bird:

€1,250.00- deposit within April 3rd, 2018 € 500,00 balance within May 31st, 2018.

Teacher:

Swami Rāmānanda, E-RYT500, is the Executive Director of the Integral Yoga Institute in San Francisco and a greatly respected master teacher in the Integral Yoga tradition, who has been practicing Yoga for over 40 years. He is a founding board member of the Yoga Alliance and currently serves on the Certification Committee of the International Association of Yoga Therapists.



Assistant teacher:

Paola Pārvaṭī Fainī, E-RYT500, studied and worked in China for around 17 years.



There she was fascinated by traditional martial arts and Chinese medicine. Her first Yoga experience started 1992, and led her to meeting her Guru, Sri Swami Satchidananda, the founder of Integral Yoga. Since then she has devoted herself to practice and teach in various fields of Yoga. She founded the Milan Integral Yoga Centre in 1999, and has been leading Integral Yoga teacher trainings since 2003.

Information:

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